



### Documents



Smartphone
Powerbank
Camera
E-reader
Headphones
Charging cables
Universal power adapter
Camera charger
eSIM or physical SIM

Electronics

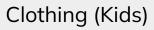




Clothing (Men)	Clothing (Women)
T-shirts	T-shirts and tank tops
Button-down shirts	Shorts, skirts, and pants
Chinos	Sundresses
Jeans	Long skirts and dresses
Bathing suit	Lightweight jacket/sweater
Raincoat/Poncho	Swimsuits
Shorts	Sarong
Hats	Athletic wear
Thermals	Hats and scarves
	Thermals
0 0	Yoga pants
	Paincoat

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T-shirts and sweatshirts
 Shorts and pants
 Sweaters and jackets
 Pajamas
 Bathing suit
 Raincoat
 Thermal tops and leggings
 Gloves
 Shawl/blanket

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### **Outdoor essentials**

	Backpack
	Water bottle
	Water purification tablets
	Rehydration salts
	Umbrella
	Sturdy shoes
	Waterproof bag
	Athletic wear
	Gloves
	Pocket knife
	Sealable trash bag
	Flashlight

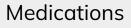


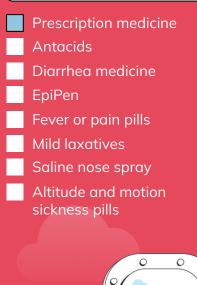
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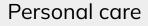
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#### Toiletries

- Toothbrush and toothpaste
   Bodywash
   Shampoo and conditioner
   Hairbrush/comb
   Deodorant
   Moisturizer
   Sunscreen lotion
   Insect repellent
   Floss and mouthwash
   Cotton balls and swabs
   Tweezers
   Shaving kit (for men)
   Wet wipes
  - Nail clippers





Feminine hygiene products
Contact lens + solution
Makeup + makeup remover
Hand sanitizer
Hair styling equipment
Dry shampoo
Lip balm

#### Footwear

Flip flops
Sandals
Comfortable walking shoes
Hiking shoes
Dress shoes
Loafers
Heels
Waterproof shoes

