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### Clothes

- T-shirts
- Leggings or pants
- Sarong
- Tudong
- Shorts
- Tank tops
- Bikinis and swimsuits
- Dresses
- Hiking boots

- Playsuits
- Shirts
- Running shoes
- Flip flops or sandals
- Light jackets
- Dresses
- Pants
- Earrings & rings
- Long-sleeve shirts
- Skirts



Holafly

## 

## Health & beauty

- Travel insurance
- Pads/tampons
- Prescription medicines
- Sunscreen
- Insect repellent
- Shampoo & hair conditioner
- Basic medic kit
- Aloe vera cream
- Makeup

### **Documents**

- Passport
- Personal ID
- Vaccination records
- Insurance proof
- Credit and debit cards
- Hotel reservation
- Visa

### Other essentials

- eSIM for Asia
- Camera

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- Personal water bottle
- Accessories

